

## Camp Towhee - Suggested Packing List

Please label all items with camper's name. Please also consider outdoor conditions including extreme heat, chilly evenings, rain, and protection from bugs and sun.

Camp Towhee's clothing policy is that all items: 1) Promote sun safety by covering the intended body parts. 2) Are functional and stay on as intended during normal use (running, climbing, etc.), & 3) Do not have any harmful language, drug/alcohol references, or other inappropriate content displayed.

If you are unsure of any of these, please connect with the Camp Director.

<b>CLOTHING</b>	Number	Packed? (√)
Short sleeve t-shirts	5	
Long sleeve tops (Ex: Long sleeve t-shirts, turtlenecks, sweatshirts)	3	
Heavy sweater/Fleece/Jacket	1	
Raincoat and rain pants ( <b>Waterproof</b> , not water resistant)	1	
Long pants (Mix of sweatpants, light cargo/cotton pants, etc. NOT jeans)	3	
Shorts	5	
Jeans	1 (Optional)	
<b>Warm</b> Pyjamas	2	
Socks (at least 1-2 pairs of thick wool socks)	8 Pairs	
Underwear	8	
Swimsuit	2	
Running Shoes	1-2 Pairs	
Beach Sandals	1 Pair	
Water Shoes (Must cover your toes and your heel, Crocs in 'sport mode' count)	1 Pair	
Hiking and/or Rain Boots	Optional	
Hat (for sun protection)	1	
Toque (wool hat)	1	
Sunglasses	Optional	
Gloves or Mitts (for canoe trip)	Optional	
<b>CAMPING EQUIPMENT</b>		
Compact sleeping bag	1	
<b>Waterproof</b> tripping bag (ex: 30L "Seal Line Bag") *Camp can provide these if needed	1	
Compact sleeping pad (ex: Thermarest) *Camp can provide these if needed	1	
Small flashlight with extra batteries (headlamp recommended)	1	
Water bottle (sturdy, NO glass. Ex: Nalgene)	1	

<b>BEDDING</b>		
Single sheets, fitted and top sheet (please pack more if your camper has history of bed wetting)	2 Sets	
Warm blanket or duvet	1	
Pillow	1	
Pillowcase	2	
<b>TOILETRIES</b>		
Please try to send products that are biodegradable and friendly to our environment.		
Face cloth	1	
Hand Towel	1	
Towels (One for swimming, one for showers)	2	
Toothbrush	1	
Toothpaste	1 Tube	
Hairbrush	1	
Sunscreen	1 Full Bottle	
Insect repellent	1 Full Bottle	
Soap	1 Bar	
Shampoo	1 Bottle	
Deodorant	1	
Menstrual supplies – for campers that menstruate	As Needed	
Shaving supplies – for campers that shave	As Needed	
<b>OTHER</b>		
Small daypack/backpack	1	
Fishing rod & tackle *Camp has these supplies too	Optional	
Camera (we recommend disposable)	Optional	
Books, stuffed toy, family pictures	Optional	
Bug jacket (good for folks who really don't like bugs/being bitten)	Optional	