

January 28, 2020

Dear Child Development Institute Families,

We are aware that our families may be feeling anxious regarding coronavirus. CDI has created a plan and is taking the necessary precautions.

Update as of January 27, 2020: Toronto Public Health has received notification of Toronto's second presumptive confirmed case of the novel coronavirus (2019-nCoV). The individual, who recently travelled to Wuhan, China, is a close contact of the first presumptive confirmed case of the novel coronavirus. Since arriving in Toronto, this individual has been in self-isolation at home, recovering.

The risk to Toronto residents remains low. Toronto Public Health continues to actively monitor the situation in collaboration with provincial and national health agencies, and stakeholders that include local hospitals, airports, and community agencies.

CDI will monitor and follow the direction of the Toronto's Medical Officer of Health (MOH). We recommend that all families reference the Toronto Public Health website for accurate information and current situation updates: <https://www.toronto.ca/coronavirus/>

We encourage families to follow the recommendations per the above source, which, as of today, are as follows:

There is currently no vaccine to prevent 2019-nCoV. The best way to prevent infection is to avoid being exposed to this virus.

Prevention measures include:

- Wash your hands often with soap and water or use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are ill.
- Stay home when you are ill.
- Cover your cough or sneeze with a tissue, then immediately throw the tissue in the garbage and wash your hands.
- If you don't have a tissue, sneeze or cough into your sleeve or arm.
- Clean and disinfect frequently touched objects and surfaces.

The MOH's overall advice remains the same: if you are not sick enough to require hospitalization to recover from a respiratory illness, we recommend staying home with plenty of rest and fluids to let your body recover. This is standard care for this type of illness.

2019-nCoV has been identified at the same time as local circulation of the flu is common in Toronto. As a result, we are also advising families to take the usual measures to reduce the risk of the transmission of the flu and respiratory illness, which include getting a yearly flu vaccine, washing hands frequently, covering your mouth when you cough or sneeze and staying home if you are ill.

We appreciate that there are many information sources. We would like to remind our families to refer to credible sources, such as [Toronto's Medical Officer of Health](#), the [Ontario Ministry of Health](#), and [Public Health Ontario](#), when seeking information about this rapidly evolving situation. We will continue to keep you informed with new information.

Sincerely,

Lynn Ryan Mackenzie

CEO, Child Development Institute

416-603-1827 ext. 2225

LRMackenzie@childdevelop.ca