

## Just the facts...

### Why we exist

- 1 in 5 children shows signs of an emotional or behavioural challenge – and only 20% of these children get the help they need.
- 800,000 Canadian children grow up in homes where they are exposed to family violence.
- 1 in 3 children are physically or sexually abused.
- Children with mental health disorders are at greater risk of dropping out of school, substance abuse and teen violence.
- Research shows the early intervention is key – there are typically seven years of warning before a juvenile becomes a serious, violent offender.

### How we help

CDI is one of the leading agencies in Toronto for children’s mental health and healthy child development.

- We offer a range of services to more than 4,000 families with children from 0-16.
- We provide programs that address behavior issues, serious aggression, criminal behavior, child abuse, family violence, substance use, speech and language delays and school problems.
- Our professional staff members provide individual, group and family counseling, parenting and social skills training, family support and early learning activities.

### Our research

For 25 years, we’ve researched our work to better understand, and meet, the needs of children and families.

- We build knowledge through research in childhood aggression and anti-social behavior, gender-interventions, family violence and child development and related areas.
- The impact of our work is increased through our partnerships with schools, hospitals, United Way agencies and government.

### Our history

This year is the 100<sup>th</sup> anniversary of Child Development Institute. We are deeply proud of this accomplishment and of our historical track record of service and innovation to Toronto’s children and families.

### Our finances

Child Development Institute has an annual operating budget of approximately \$12 million. Revenue includes program funding from the Ontario Ministry of Child and Youth Services; child care fees and subsidies; and donations. Donations directly to CDI and through the United Way of Greater Toronto account for approximately \$2 million.

### A donation to CDI is an investment in families and community

- \$1 invested today to help at-risk children saves \$7 in future health and criminal costs.
- Up to 10% of the cost of crime in Ontario (\$300 million) can be attributed to inadequate mental health care for children and youth.
- The average cost of treating children’s mental health problems our community-based agency is less than \$2,500 per child per year.